

T.H.R.I.V.E. Christian Academy

August 2019 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1	2
5	6	7	8	9
Roasted Jerk Chicken, Rice & Peas, Green Beans	Southern Meatloaf w/ Gravy, Mashed Potatoes, Seasonal Vegetables	Turkey Caesar Wraps w/ Kettle Chips (Avocado Hummus Option)	Pan Seared Salmon w/ Lemon Butter Sauce, Garlic Potatoes, Broccoli	Macaroni & Cheese w/ Honey Glazed Green Beans, Fried Chicken
12	13	14	15	16
Pesto Chicken Alfredo w/ Garlic Cheese Toast & Seasonal Salad	Thai Chili Turkey Meatballs w/ Basil & Veggie Fried Rice	Roasted Chicken Enchiladas w/ Spanish rice & Black Beans	Fried Catfish w/ House Tartar Sauce, Loaded Potato, Veggies	Roasted Chicken Parmesan over Spinach Alfredo
19	20	21	22	23
Asian Chicken Salad Sandwich w/ Thai Basil & Fries, Fruit	BBQ Jerk Chicken, Cabbage, Rice & Peas	Chicken Patties, Tater Tots, Fruit Medley	Grilled Beef Tacos, Crispy Tortilla Chips, Seasonal Fruit	Turkey Breast, Mashed Potatoes, Collard Greens, Cornbread
26	27	28	29	30
Philly Cheesesteaks, Fries, Fruit	Fish & Chips, Potato Salad	Smoked Brisket w/ BBQ sauce, Gouda Mac & Cheese, Baked Beans		